

WEEK 6	MONDAY	TUESDAY	CARVERY WEDNESDAY	THURSDAY	FRIDAY
	<p>Moist chicken with crispy stuff</p> <p>Sausage casserole With peppers tomatoes and mushrooms in a rich tomato sauce</p> <p>Quorn sausage casserole in a rich tomato sauce</p>	<p>Gammon with juicy pineapple chunks .</p> <p>Shepherds pie with a golden crispy topping</p> <p>Veggi mince with a golden mash topping</p>	<p>Moist chicken + chipolata sausage</p> <p>Salmon</p> <p>Roasted veg quiche made with free range eggs.</p>	<p>Silver side of beef with home-made Yorkshire puddings.</p> <p>Chicken curry served with fluffy rice and naan bread.</p> <p>Veggi mince curry with fluffy rice</p>	<p>Oven baked fish Chips</p> <p>Cheese pizza</p> <p>Cheese and ham pizza</p>
PASTA KING	1 meat ½ veg	1 meat ½ veg	1 meat ½ veg	1 meat ½ veg	1 meat ½ veg
HOT BUTTY	Meatball wrap Chicken n stuffing	Chicken Panini Bacon	Chicken wrap Tuna melt	Cheese ham Panini Pulled pork	Chip. Panini
BREAK	Bagel	Bacon	Pizza	Bagel	Bacon
Pudding	Sponge Choc oat delight	Clifton grid Rice pudding + fruit (cold)	Flapjack Sponge	Crackle Steamed sponge	Welly fudge Short cake
	Starchy	High in fat	Meat product		

Menu may change if deliveries are not met.