

WEEK 5	MONDAY	TUESDAY	CARVERY WEDNESDAY	THURSDAY	CHIP FRIDAY
	<p>Moist chicken with crispy stuffing.</p> <p>Minced beef + onion in a rich gravy topped with a scone base lid</p> <p>Quorn mince and onion in a rich gravy with a scone lid</p>	<p>Slow cook pork with home made apple sauce</p> <p>Chicken curry with fluffy rice</p> <p>Quorn pieces in a homemade curry sauce.</p>	<p>Moist chicken with crispy stuffing.</p> <p>Silver side of beef with home-made Yorkshire pudding.</p> <p>Cheese and egg crumble .</p>	<p>Gammon with juicy pineapple chunks.</p> <p>Turkey lasagne topped with white sauce a cheddar cheese</p> <p>Quorn boll in a rich tomato sauce</p>	<p>Bangers chips and beans</p> <p>Quorn sausage</p> <p>Ham pizza with a cheesy topping.</p>
PASTA KING	1 meat ½ veg	1 meat ½ veg	1 meat ½ veg	1 meat ½ veg	1 meat ½ veg
HOT BUTTY	Chicken wrap Bacon	Chicken n stuffing Ham n cheese Panini	Chicken panini Brumby baguette	Cheese ham Panini Pulled pork	Chip sausage
BREAK	Bagel	Bacon	Pizza	Bagel	Bacon
PUDDINGS	Shortcake Choc crunch	Bakewell tart Fruit Flapjack	Sponge Choc oat delight	Sponge Shortcake	Crackle Jelly + cream
	Starchy	High in fat	Meat product		

Menu may change if deliveries are not met.