

| WEEK 4 | <u>MONDAY</u> | <u>TUESDAY</u> | <u>CARVERY</u> <u>WEDNESDAY</u> | <u>THURSDAY</u> | <u>CHIP</u> <u>FRIDAY</u> |
|-------------------|---|---|--|--|---|
| | <p>Moist chicken with crispy stuffing</p> <p>Pork meatballs in a rich gravy</p> <p>Quorn Swedish meatballs in a rich gravy</p> | <p>Slow roasted pork</p> <p>Beef taco in a crispy tortilla wrap</p> <p>Veg mince taco in a crispy tortilla wrap</p> | <p>Gammon with juicy pineapple chunks.</p> <p>Moist chicken with crispy stuffing.</p> <p>Cheese flan made with free range eggs</p> | <p>Silverside of beef with homemade yorkshire puddings.</p> <p>Diced Chicken curry with fluffy rice.</p> <p>Quorn curry and fluffy rice</p> | <p>Oven baked fish.</p> <p>Chips</p> <p>Cheese and tomato pizza</p> |
| PASTA KING | 1 x meat ½ veg | 1 x meat ½ veg | 1 x meat ½ veg | 1 x meat ½ veg | 1 x meat ½ veg |
| HOT BUTTY | Meat ball wrap Chicken panini | Chicken Panini Burgers | Bacon Chicken wrap | Chicken Panini Ham cheese bagel | Chip Panini |
| BREAK | Bagel | Bacon | Pizza | Bagel | Bacon |
| PUDDINGS | Crackle Vanilla sponge | Cornflake tart Apple Crumble | Shortcake Choc Oat Delight | Crackle Steamed Ginger Sponge | Choc Crunch Sponge |
| | Starchy | High in fat | Meat product | | |

Menu may change if deliveries are not met.