

<b>WEEK 1</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>CARVERY WEDNESDAY</b>	<b>THURSDAY</b>	<b>CHIP FRIDAY</b>
	<p>Moist chicken with crispy stuffing</p> <p>Lean mince beef lasagne topped with white sauce and cheddar cheese</p> <p>Seasonal veg lasagne topped with white sauce and cheddar cheese.</p>	<p>Silverside of beef &amp; home-made <b>Yorkshire puddings.</b></p> <p>Chicken curry fluffy rice and naan bread.</p> <p>Quorn curry with fluffy rice and naan bread</p>	<p>Gammon with juicy pineapple chunks.</p> <p>Moist chicken with crispy stuffing.</p> <p>Quiche made with free range eggs.</p>	<p>Slow cooked pork with homemade apple sauce.</p> <p>Diced chicken with peppers and onion wrapped in a sort tortilla wrap</p> <p>Stir fried onions peppers &amp; mushrooms in a floury tortilla wrap.</p>	<p><b>Bangers chips</b> and beans</p> <p>Quorn sausage</p> <p>Cheesy pizza</p>
<b>BREAK</b>	Bagel	Bacon	Pizza	Bagel	Bacon
<b>HOT BUTTY</b>	Chicken wrap Bacon	Cheese ham bagel Pulled pork	Chicken Panini Tuna melt	Cheese ham Panini Bbq chicken	<b>Chip Sausage</b>
<b>PASTA KING</b>	1 meat ½ veg	1 meat ½ veg	1 meat ½ veg	1 meat ½ veg	1 meat
<b>PUDDING</b>	Flapjack Mable sponge	<b>Macaroon tart</b> Steamed sponge	Shortcake Choc crunch	Jam roly poly Baked sponge	Crackle Lemon love
	<b>Starchy</b>	<b>High in fat</b>	<b>Meat product</b>		

Menu may change if deliveries are not met.