

WEEK 2	MONDAY	TUESDAY	CARVERY WEDNESDAY	THURSDAY	CHIP FRIDAY
	<p>Moist <u>CHICKEN</u> with chipolata sausage.</p> <p><u>BEANZ LASAGNE</u> Lean mince beef, baked beanz topped with cheddar cheese</p> <p><u>QUORN lasagne</u> topped with white sauce and cheddar cheese.</p>	<p>Slow cooked <u>PORK</u> with homemade apple sauce</p> <p><u>CHICKEN BOATS</u> Diced chicken, peppers onions in a tomato sauce sat in a tortilla boat topped with cheddar cheese</p> <p><u>MACARONI</u> in a cheddar cheese sauce.</p>	<p>Silverside of <u>BEEF</u> with homemade Yorkshire pudding.</p> <p>Moist <u>CHICKEN</u> with crispy stuffing.</p> <p>Veg <u>FLAN</u> with free range eggs</p>	<p><u>GAMMON</u> with juicy pineapple chunks.</p> <p>Crispy minced beef <u>TACO'S</u> filled with a hint of spice topped with cheese or sour cream.</p> <p>Veggie mince and bean <u>TACO</u> in a crispy shell topped with cheese or sour cream</p>	<p>Oven baked fish.</p> <p>CHIPS</p> <p>Homemade veg <u>PIZZA</u></p>
BREAK	Bagel	Bacon	Pizza	Bagels	Bacon
PASTA KING	1 meat ½ veg	1 meat ½ veg	1 meat ½ veg	1 meat ½ veg	1 meat
HOT BUTTY	Pulled pork or chicken in a deli roll	Chicken + stuffing in a soft finger roll	Chicken Panini	Burger in a brioche bun	Chip butty In a floured bap
PUDDING	Chocolate welly fudge	Bakewell tart Fruity jelly	Citrus sponge	Crackle	Fruit flapjack
	Starchy cooked in fat	High in fat	Meat product		

Menu may change if deliveries are not met.